



Gregory W. Lester, Ph.D.

**Booking Dr. Lester:
Information for Meeting Planners**



Booking Dr. Lester:

Dr. Lester is popular among meeting planners not only because he is a highly experienced, knowledgeable, and expert speaker, but because despite his packed schedule he still prefers to book his presentations personally. This allows him to get to know a meeting planner, to personally address any questions or requests, and to tailor his presentation to the specific needs of the participants attending the meeting.

As a result, Dr. Lester does not use online forms or web-based methods to plan speaking engagements. He prefers to speak with meeting planners personally.

If you would like to explore the possibility of Dr. Lester presenting to your meeting, please call him directly. His phone number is: 800/726-3406. This number is answered by Dr. Lester or by his personal voicemail. Please use this telephone number only if you would like to explore the possibility of booking Dr. Lester for a talk, as it is reserved for use by meeting planners and, when he is traveling, patients.

This web-based brochure contains some information about Dr. Lester's work and background. It includes a resume, examples of speaking clients, and references. Because Dr. Lester's experience is so extensive, it is impractical to review all of his work in an online format. A comprehensive packet of information of Dr. Lester's work, experience, schedule, availability, and speaking fees is available, in hard-cover, by request.

Thank you for exploring the possibility of Dr. Lester speaking for your group. Your participants will be glad you did.

GREGORY W. LESTER, Ph.D.

Resume

Address

Colorado: 111 Harrison, Suite 1
Denver, Colorado 80206
303/399-3406
(mailing address)

Texas: 2402 Westgate, Suite 100
Houston, Texas 77019

Professional Status

CONSULTING AND CLINICAL PSYCHOLOGIST

Licensed by Colorado State Board of Psychologist Examiners
Licensed by Texas State Board of Examiners of Psychologists

Current Positions

INDEPENDENT PRACTICE OF PSYCHOLOGY

Clinical, Consulting, and Organizational Psychology
Colorado and Texas

UNIVERSITY OF ST. THOMAS, HOUSTON

Graduate Faculty

IMPROVEMENT RESEARCH GROUP

Senior Consultant

CROSS COUNTRY EDUCATION

Continuing Education Faculty

Current and Previous Affiliations

OFFICE OF VOCATIONS AND SEMINARIANS

Selection Consultant
23 Dioceses and Religious Orders

Current and Previous Affiliations (con't)

PARENT AIDE NETWORK

Unified Child Abuse Prevention Volunteer Trainer

RETAIL GROCERY INDUSTRY

Organizational Consultant

Organization and Management Consultant

Executive Development Trainer

ASSOCIATED CATHOLIC CHARITIES

Management Consultant

Organizational Consultant

Case Consultant

HOUSTON COMMUNITY COLLEGE

Founder/Chair of Community Leadership

UNITED STATES DEPARTMENT OF JUSTICE

Case Consultant, Department of Community Relations

Honors

PHI BETA KAPPA

1997 ESCAPE FAMILY RESOURCE CENTER HONORED VOLUNTEER OF THE YEAR

2005 NEMECEK AWARD FOR OUTSTANDING SERVICE TO CHILDREN AND FAMILIES

Professional Memberships

AMERICAN PSYCHOLOGICAL ASSOCIATION

AMERICAN PSYCHOLOGICAL ASSOCIATION DIVISION 13: CONSULTING PSYCHOLOGY

AMERICAN PSYCHOLOGICAL ASSOCIATION DIVISION 42: INDEPENDENT PRACTICE

TEXAS PSYCHOLOGICAL ASSOCIATION

Professional Memberships (con't)

COLORADO PSYCHOLOGICAL ASSOCIATION

HOUSTON PSYCHOLOGICAL ASSOCIATION

ASSOCIATION FOR THE ADVANCEMENT OF PSYCHOLOGY

AMERICAN ASSOCIATION OF SPINAL CORD INJURY PSYCHOLOGISTS AND SOCIAL WORKERS

COMMITTEE FOR THE SCIENTIFIC INVESTIGATION OF CLAIMS OF THE PARANORMAL

Education

THE UNIVERSITY OF MINNESOTA HEALTH SCIENCES CENTER
Internship in Clinical Psychology 1979-1980

TEXAS TECH UNIVERSITY
Doctor of Philosophy in Clinical Psychology 1976-1980

THE UNIVERSITY OF DENVER
Bachelor of Arts in Communications 1971-1974

Publications: Books

Lester, G.W. (in preparation) **Medicine for Everyday Life: What the Masters Discovered and Why it Made Them Happy**. Ashcroft Press.

Lester, G. W. (in press) **Suicide, Violence, and the Personality Disorders: Risks, Assessment, Management, and Treatment**. Cross Country Education.

Lester, G.W. (2005) **Shrunken Heads: The Insane, the Profane, and the Profound on the Road to Becoming a Psychologist**. Ashcroft Press.

Lester, GW (2004) **Borderline Personality Disorder: Treatment and Management that Works**. Cross Country Education.

Lester, G.W. (2003) **Personality Disorders in Social Work and Health Care, Third Edition**. Cross Country Education.

Publications: Books (con't)

- Lester, G.W. (2003) **Personality Disorders II: The Advanced Course**. Cross Country Education.
- Lester, G.W. (1995) **Power With People: How to Handle Just About Anyone, to Accomplish Just About Anything** (Sixth Printing). Ashcroft Press.

Publications: Book Chapters

- Lester, G.W. (1985) Alternative psychotherapies for depression. In: Beckham, E. & Leber, W., (Eds.), **Handbook of Depression: Theory, Treatment, and Research**. Dorsey Press.
- Lester, G.W. (1980) Assertiveness. In: **Action Through Advocacy**. Research and Training Center in Mental Retardation, Texas Tech University Press.

Publications: Articles

- Lester, G.W. (in press) Surprise! Sports-oriented martial arts are the best self-defense for threats in the 'real world.' **Black Belt Magazine**.
- Lester, G.W. (2002) Healing in difficult times. **Coping Magazine**, March/April, 34.
- Lester, G.W. (2001) Personality disorders: practical tips. **Living World**, 12, 3, 6-7.
- Lester, G.W. (2000) Why bad beliefs don't die. **The Skeptical Inquirer**, 24, 6, 40-43. (Reprinted in India in **The Atheist**.)
- Lester, G.W. (1998) The state of our profession and the mental health industry: a contrarian's view. **The Independent Practitioner**, American Psychological Association, Summer, 127-131.
- Lester, G.W. (1995) Dealing with the difficult diner. **Restaurant Hospitality**.
- Lester, G.W. (1995) Dealing with personality disorders. **The Priest Magazine**, 51, 9, 39-42.
- Lester, G.W. & Smith, S. (1993) Listening and talking to patients-a remedy for malpractice suits? **The Western Journal of Medicine**, 158, 3, 59-65. (Abstracted in **The Journal of the American Medical Association**, 1994.)
- Lester, G.W. (1992) Stress - facts and fictions. **The Houston Lawyer**, March-April, 39-41.

Publications: Articles (con't)

Baucom, D.H. & Lester, G.W. (1986) The usefulness of cognitive restructuring as an adjunct to behavioral marital therapy. **Journal of Behavior Therapy**, 17, 385-403.

Lester, G.W. (1981) Does that sound familiar to you? **Transactional Analysis Journal**, 11, 318-319.

Lester, G.W., Beckham, E., & Baucom, D.H. (1980) Implementation of behavioral marital therapy. **Journal of Marital and Family Therapy**, 6, 189-199.

Lester, G.W. (1980) TA marital therapy. **Transactional Analysis Journal**, 10, 33-37.

Publications: Recorded Programs

Lester, G.W., **A Fresh Look at Stress.**

Lester, G.W., **Resolving Conflict.**

Lester, G.W., **Successful Diversification for the Mental Health Professional.**

Lester, G.W., and Vandaegaer, P., **Personality Disorders in Crisis Counseling**

“Live” Presentations and Trainings

Over 300 live presentations and trainings delivered nationwide in the past 3 years

Over 65,000 attendees - including psychiatrists, psychologists, social workers, nurses, lawyers, state supreme court judges, law enforcement personnel, chemical dependency counselors, child advocates, priests, ministers, vocational rehabilitation counselors, teachers, probation officers, physical therapists, speech pathologists, marriage and family therapists, managed care reviewers, and case managers

Topics Include:

Personality Disorders
Borderline Personality Disorder
Addictive Disorders
Personality and the Human Brain
How to Handle Just About Anyone
Happiness and the Human Brain

A complete packet of information on speaking and topics is available upon request

Personal

Married, to wife Pam, for 17 years

Finisher, 2004 Honolulu Marathon

Third Degree Black Belt, Tang Soo Do

Third Degree Black Belt, Olympic-Style Taekwondo

AAU Certified Olympic Taekwondo Referee

Clients

Dr. Lester has presented to and worked with many organizations and conferences:

United States Department of Justice

Texas Psychological Association
St. Mary's Seminary Faculty and Staff
Parent Aide Network
United Methodist Women's Association
Texas Medical Center Volunteers

Memorial Sisters of Charity Health Care Administration

Arise and Walk Conference
Family Life Office of Houston, Texas
Family Life Office of San Antonio, Texas
Catholic Charities of Houston Board of Directors
Shalom Center of Splendora, Texas

California Association of Marriage and Family Therapy

Family Mediation Trainers
Katy Independent School District Counselors
Houston Psychological Association
MENSA Convention

Andersen Consulting (now Accenture)

Child and Adult Protective Services of Harris County
Substance Abuse Counselors, Houston Independent School District
Texas Instruments

The League of Women Voters

Red Cross Leadership Camp
National Federation of Youth Boards
National Family Mediation Training

Fulbright and Jaworski, Division of Health Care Law

Child Protective Services of Texas
Service Corporation of America Conference
Governor's Volunteer Leadership Conference

Los Angeles County Department of Mental Health

Annual Conference on Aging and Mental Health, New York
Texas School Age Parenting Conference
Licensed Chemical Dependency Counselor Training

Goodwill Industries

Texas Association of Licensed Professional Counselors
Houston Network Council Annual Workshop
Texas Association, Directors of Volunteer Services
Texas Department of Public Health Social Work Division
Catholic Social Services of Covington, Kentucky

Catholic Charities of Binghamton, New York

International Transactional Analysis Association

New York State Association of Community and Residential Agencies
Early Childhood Education Programs, Salina, Kansas
M.D. Anderson Hospital and Cancer Center
Driscoll Children's Hospital Auxiliary
Texas Network of Youth Services Conference

Mental Health Mental Retardation Authority of Harris County

International Conference of Volunteer Administrators

Memorial Sisters of Charity Health Care Executive Committee
Texas State Association of Hospital Volunteer Directors
Houston Association of Volunteer Administrators
Family Outreach National Association National Conference

Governor's Volunteer Leadership Conference

Catholic Charities of, Louisville, Kentucky

European Association for Behavior Therapy

Texas Department of Regulatory Services
Public Library Managers

Lourdes Hospital, Binghamton, New York

Interfaith Council on Aging

Catholic Charities of Houston, Texas

Chancery Staff, Diocese of Dallas, Texas

Communities in Schools

Lupus Foundation

AARP

International Life Services Association

Mainstream, Inc., Wichita, Kansas

Southeast Realtors Association

National Resource Center for Youth Services

Gulf Coast Red Cross

Texas Department of Human Resources

NOPARH, Milwaukee, Wisconsin

American Businesswomen's Association

Big Brothers, Big Sisters

Catholic Charities USA

Lifetime Assistance, Inc., Rochester, New York

Catholic Charities of Rochester, New York

San Jacinto Girl Scout Trainers

St. Elizabeth's, Cincinnati, Ohio

CASA - Child Advocates

University of Texas Medical School

United Way of Greater Rochester

National Family Life Conference

Texas Dietetic Association

People, Inc., Rochester, New York

Shriners Hospital Management

Texas PTA Conference

Mainstream Programs, Salina, Kansas

National Association of Women Engineers

Annual Mile Hi Congress, Denver, Colorado

Delphian's Past President Organization

Greater Rochester Association for
Aging

Life College Program, Los Angeles, California

Texas Families Conference

Real Alternatives, Harrisburgh, Pennsylvania

Big Brothers, Big Sisters

Metroplex Volunteers

Partners in Education

Association of Credit Managers

Northwest Business Women's Association

The Junior League

Southwestern Psychological Association

Annual KTOT Trainer's Conference

Noah Woescheter Dermatological Society

HealthEast Health Care June 14, 2000

And over 65,000 individual health care and mental health professionals

References

Lynn Shaw, Director of Seminars
Cross Country Education
1645 Murfreesboro Rd., Suite J
Nashville, TN 37217
800/397-0180

Ann Anderson
Speaker Management Services
83 Northgate Drive
The Woodlands, Texas 77069
281/466-2857

Michele Hyson
Executive Director
California Association of Marriage and Family Therapy
7901 Raytheon Rd.
San Diego, CA 92111
888/892-2638 x311

Vicki Thorn, Executive Director
NOPARH
Cousins Center, 3501 Lake Drive
PO Box 07477
Milwaukee, WI 53207-0477
414/483-4141

Tina Skeel
Continuing Education Director
SECT Center
1100 Broadway
Anderson, IN 46012
765/641-8344

Rev. Clint Ressler
Director of Vocations
Archdiocese of Galveston/Houston
1700 San Jacinto
Houston, TX 77001
713/659-5461